

ABSTRACT

An uncooked oat groat product comprising added ingredients is provided, wherein the selected ingredients are incorporated inside the oat groats. In another embodiment, the selected ingredients are adsorbed onto at least a portion of the surface of the oat groats. In both products, the ingredients are married to the oat groat in a manner that minimizes the possibility of the ingredients chipping or falling off the oat groat as a result of frictional forces.

An uncooked corn endosperm product comprising added ingredients is also provided, wherein the ingredients are either incorporated inside the corn endosperm or adsorbed onto at least a portion of the surface of the corn endosperm.

A method is provided for incorporating ingredients inside uncooked oat groats. Also provided is a method for adding ingredients to uncooked oat groats so the ingredients become adsorbed onto at least a portion of the surface of the groats. Both methods may be used with cut or whole oats and involve adding the selected ingredients in an aqueous medium to the oat groats to increase the moisture content of the groats and to allow the selected ingredients to become adsorbed onto or absorbed within the oat groats.

Both methods described above may be used to treat uncooked corn endosperm as a means of adding ingredients either within the corn endosperm or onto the surface of the corn endosperm.